## HFTC ADULT PATHWAY

## **LEARN TO INSTRUCTIONAL** COMPETITIVE **PLAY** ADULT MIXED LADIES CLINIC **BEGINNER ADULT** ICTA LEAGUE C **ROUND ROBIN** (1.0-1.5)(1.0-1.5)(4.0-4.5)(2.5-4.0)**CARDIO TENNIS** (2.0-3.5)HFTC LADDER

## HFTC JUNIOR PATHWAY

LEARN TO **INSTRUCTIONAL COMPETITIVE PLAY** JUNIOR MINI COURT OTA ROOKIE RED BALL (5-7) LADDER/POINTS **U9 COMPETITIVE HOUSE LEAGUE** TOUR RACE ETC. HFTC LADDER U12 **FULL COURT** JUNIOR OTA 2 STAR COMPETITIVE HOUSE LEAGUE INTERCOUNTY GREEN BALL (10-**TEEN TENNIS 13+** CANADIAN JUNIOR